

FIRST AID TRAINING

Be prepared and help look after yourself and those around you Learn how to give First Aid or update your knowledge Gain an essential life skill that everyone should have!

What would you do if you're with:

- A friend who was bitten by a venomous snake or spider?
- A child who is unconscious and bleeding?
- A family member who might be having heart attack or stroke?

Connecting Country has funding through the Victorian government to provide free First Aid training to community members. Anyone who is volunteering in the environment space, doing conservation work on their land, or thinking of joining a Landcare or Friends group is especially encouraged to register. Training will be delivered by Castlemaine District Community Health with all costs covered by Connecting Country. All are welcome to register, but places are limited, so get in quick!

Level II First Aid Training (#HLTAID003 Provide First Aid)

When: Tuesday 18 June 2019 from 9.00 am to 4.00 pm

Where: Castlemaine - venue be confirmed

To register: Email margaret@connectingcountry.org.au with your name, email

address and phone number

More info: Please call 5472 1594 or email margaret@connectingcountry.org.au

A shorter CPR refresher course (#HLTAID001 Provide Cardio Pulmonary Resuscitation) is available for those with current first aid qualifications, as part of the same training session. Contact us for details.



